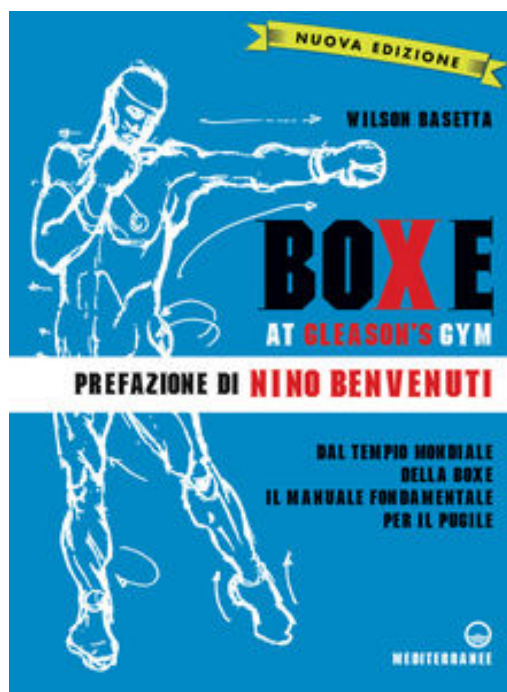


Leggi Ebooks **Boxe At Gleason's Gym Wilson Basetta PDF, EPUB, Mobi**



Leggi ebooks **Boxe at Gleason's Gym Wilson Basetta PDF, EPUB, mobi**, Un manuale che illumina il principiante e l'appassionato di boxe sulle basi tecniche del pugilato, rivelando anche molti piccoli segreti che altrimenti si acquisirebbero soltanto con anni e anni di ring. È scritto come un romanzo, con uno stile agile, avvincente, e racconta la storia dell'autore, Maurizio Arena, e della sua iniziazione al pugilato nella prestigiosa Gleason's Gym di Brooklyn, la palestra dove è passata la storia della boxe: Sugar Ray Robinson, Rocky Marciano, Floyd Patterson, Muhammad Ali, Joe Frazier, George Foreman, Mike Tyson, Marvin Hagler, e molti altri. La lettura di questo libro susciterà sicuramente in noi il desiderio di cimentarsi con il pugilato, e farà comprendere perché questo sport in cui un uomo, con quasi niente addosso, sfida un suo simile e le proprie debolezze e paure, giocandosi tutto in pochi, lunghissimi minuti, è, più di ogni altra disciplina sportiva, la grande metafora della vita.

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