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Newborn Baby

Tips & Videos

for a Smarter, Healthier, Happier Baby

D. Fravert, RN, BSN



Leggi ebooks Newborn Baby Doris Fravert, RN PDF, EPUB, mobi, Baby care is powerful. Research has proved that the everyday baby care choices you make for your baby have the power to influence your baby's overall development and shape the person your baby will become—for better or for worse. The good news is that evidence-based research has also defined the best baby care choices you can make proved to positively influence your baby's present and future happiness, overall development, and success in life. These choices, and the information you need to make these powerful choices, are clearly presented in this book.

For example, in Chapter 2 you will learn easy and fun baby care practices highly recommended by the American Academy of Pediatrics that are known to give you a smarter, healthier, and happier baby. In Chapter 5 you will learn how to make baby care choices with confidence, knowing you are teaching your baby to become independent, self-confident, optimistic, and trusting of self and others. Phenomenal baby care, easily yours.

While learning to give your baby the best start in life, you'll also learn essential baby care skills: diapering, swaddling, burping, bathing, etc. A detailed description of each skill (including RN tips to save you time, worry, and money) is followed by a delightful video. Watching a baby nurse expertly swaddle her baby, for example, makes it easy for you to learn by imitation. Practicing now while you are still pregnant will dissolve many of your fears, allow you to master baby care skills before your baby is born, and give you tremendous confidence providing care for your newborn!

Take the fear out of having a newborn baby. Get this book today!

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